OBJECTIVES

- To focus attention on dementia and neurodegenerative disorders of the aged in the Middle East
- To raise scientific, medical and social awareness of these disorders
- To enhance communication amongst medical and scientific workers in the region
- To foster and enhance collaboration between health workers and researchers in the Middle East with their counterparts in the US, Europe and other parts of the world.

AUDIENCE

- Clinical physicians
- Scientists
- Representatives of government and social agencies, caregiver and patient organizations, pharmaceutical and biotechnological companies, and other health care professionals with an interest in the aging community of the Middle East are welcome.

Attendance is open to participants from all countries.

FORMAT

The conference will be conducted in English and consists of presentations, papers and poster sessions. A question and answer session is scheduled at the end of the conference.

AGENDA / TOPICS

This conference will include, but not be limited to, presentations on:

- history of Alzheimer’s disease
- basic sciences of Alzheimer’s disease pathophysiology
- pharmacotherapy of primary and secondary symptoms in Alzheimer’s
- non-pharmacological management of dementia
- ethical and legal issues in dementia
- aging in local populations
- aging in the Koran and the Bible

OUTCOMES

After attending this conference, participants will be able to:

- discuss the history of dementia and its societal impact on the aging community in the Middle East
- identify different forms of neurodegenerative disorders, including the many causes of dementia
- describe the behavioral features of Alzheimer’s
- discuss the appropriate treatment course for Alzheimer’s.
Friday, May 15, 2009

SESSION I: TREATMENT OF DEMENTIA

9:30 Marwan Sabbagh, MD, Founding director of the Cleo Roberts Center for Clinical Research, Sun Health Institute, Arizona, USA

9:45 Edward Zarrinni, MD, Associate Professor, The University of Utah School of Medicine, USA

10:00 Break

SESSION II: BEHAVIORAL/PSYCHIATRIC ISSUES

10:15 Magda Tsolaki, MD, Professor, Aristotle University of Thessaloniki, Thessaloniki, Greece

10:30 Rivka Inzelberg, MD, Professor, Technicon Rappaport School of Medicine, Haifa, Israel

10:45 Renee Paleacu, MD, Niss Ziona Mental Health, and Rehabilitation Center, Medical School, Tel Aviv, Israel

11:00 Yoram Barak, MD, Director, Psychogeriatrics, Abarbanel Mental Health Center, Bat- Yam, Israel

11:15 Elyahu Mizrahi, PhD, Department of Geriatric Rehabilitation, Sheba Medical Center, Tel-Hashomer, Israel

11:30 S. J. Baloyannis, PhD, Professor, Department of Neurology, Aristotle University, Thessaloniki, Greece

12:30 Lunch

SESSION III: MOLECULAR BASIS OF DISEASE

13:30 Changiz Geula, PhD, Professor of Neuroscience, Cognitive Neurology and Alzheimer’s Disease Center, Northwestern University, Feinberg School of Medicine, Chicago, USA

13:45 Spiros Efthimiopoulos, PhD, Assistant Professor, University of Athens, Athens, Greece

14:00 Yiannis Papastavrou, MD, Professor of Pharmacology and Toxicology & Principal Investigator, University of Rhode Island, Kingston, USA

14:15 Break

SESSION IV: GENETICS

14:30 Aida Al-Aqeel, MD, DCH, FRCP, Consultant Paediatric Metabolist, Geneticiest and Endocrinologist, Department of Paediatrics, Riyadh Armed Forces Hospital, Riyadh, Saudi Arabia

14:45 Doaa Hamed Moustafa Hewedi, PhD, Ain-Shams University - Institute of Psychiatry, Cairo, Egypt

15:00 Hakan Gurvit, PhD, Professor, University of Istanbul, Istanbul, Turkey

19:30 GALA DINNER

Sunday, May 17, 2009

SESSION V: DIAGNOSIS AND CLINICAL FEATURES

9:00 Marwan Sabbagh, MD, Chief of Geriatrics, Hamad Medical Center, Doha, Qatar

9:15 Elisabeth Kapaldi, MD, Professor, Department of Neurology, ‘Aeginition’ Hospital, Athens, Greece

9:30 Nasser Al Nuaimi, MD, Professor of Pharmacology and Toxicology & Principal Investigator, University of Riyadh Island, Kingston, USA

9:45 Break

10:00 Eman Al-Khateeb, MD, Professor, Faculty of Medicine, University of Jordan, Amman, Jordan

10:15 M. Anwar Etribi, MD, Professor, Departments of Neurology, Ain Shams University, Cairo, Egypt

SESSION VI: CAREGIVING AND PUBLIC POLICY

10:30 Lyda Koursombi, Law Commissioner, Nicosia, Cyprus

10:45 Chris Messis, MD, President, Cyprus Mental Health Commission, Cyprus

11:00 Ioannis Kalakoutas, MD, Chairman, Cyprus National Committee, Cyprus

11:15 Antigno Diamou, Chairwoman, Alzheimer’s Association Cyprus

11:30 Eridiki Papastavrou, Lecturer, Cyprus University of Technology, School of Health Studies, Limassol, Cyprus

11:45 Riadh Gouider, MD, President of Pan Arab Union of Neurological Societies, Chair, Department of Neurology, Razi Hospital La Manouba Tunis, Tunisia

12:00 Lunch

13:00 Ruth Goldberg, Chairwoman, Alzheimer’s Association of Israel, Tel Aviv, Israel

13:15 Paraskevi Sakka, MD, President, Athens Alzheimer’s Association, Athens, Greece

13:30 Diane Mansour, Executive Director, Alzheimer’s Association Lebanon, Beirut, Lebanon

13:45 Nicolas Michailides, MD, Cyprus

POSTER SESSION

SESSION VI: CAREGIVING AND PUBLIC POLICY (cont.)

14:30 Nasser Loza, MD, Medical Director, Behmeh Hospital, Cairo, Egypt

14:45 A. Mark Clarfield, MD, Professor, Ben Gurion University, Ctr for Multidisciplinary Research in Aging, Israel

15:00 Closing Notes

15:15 Conveners